

## CSE Training – Trainer Handbook

## **Confined Space Entry Training for Decentralized Wastewater Workers**

## Safety and Health Investment Project (SHIP)

Written by The Washington On-Site Sewage Association, Funding and Support Provided by the Washington State Department of Labor and Industries





#### Acknowledgement

This document was written and prepared by the Washington On-Site Sewage Association. Funding and support for this project has been provided by the State of Washington, Department of Labor & Industries, Safety & Health Investment Projects (SHIP), a Division of Occupational Safety and Health (DOSH).

WOSSA would like to thank all who were involved in the research, writing and review of this report.

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**On-Site Industry Professionals and Service Providers** 

For more information about this grant, or the WA. Department of Labor & Industries Safety & Health Investment Projects (SHIP) visit their website at: <u>SafetyProjects.LNI.wa.gov</u>



#### Instructor's Guideline

This pre-amble will provide guidance to the instructional use of this training resource for the Onsite Wastewater Industry.

#### Introduction

Washington State Labor and Industry requires employers to provide a safe and health workplace for their workers. Washington requirements for confined space entry are well defined under Chapter 296-809 WAC and have their basis in the OSHA Confined Space Entry rules.

Risk identification and management is the employer's responsibility, but it also requires awareness, recognition and compliance to company policy and procedures by employees in the identified risk based work activities. Understanding the requirements of the CSE rule for employers starts raising awareness to the administrative requirements of the rule. Principally, this calls for a *written plan*. The best way to approach this in the learning environment for employers is to use the course materials as a gap analysis as they develop the company specific CSE program. Another critical element of the rule requirement is *demonstrated* skills. This curriculum allows for a practical skills based approach to demonstrate confined space identification, air quality monitoring, non-entry rescue equipment and use, and the respective roles of both entrant and attendant.

This training resource is designed to be used and presented to employers and employee's working in confined space exposures in the decentralized wastewater industry. These work environments would include, but are not limited to:

- On-Site Wastewater Systems (small flows less than 3,500 gpd)
- Light commercial applications (strip malls, combined wastewater/grease)
- Side sewer and jetting operations connected to sewer infrastructure

#### How to use these Training Materials

Suggested Instructor qualifications:

The instructor should have a minimum of 3-5 years' experience in the On-Site industry working with OSS Pumpers, Inspectors, Installers or Regulatory infrastructure and have at least 1 year presentation/education experience to the OSS industry for qualified CEU approved training.

Have direct experience with confined space entry procedures and be familiar with O&M, tank repairs and maintenance exposures specific to the industry and have a working knowledge of OSHA and State Labor Industrial Health and Safety Regulations and how they are applied.

Practical experience in Safety Management applications and program implementation for small business and risk management.

#### Using the Resource

Presenters of the training resource should anticipate approximately 8-10 hours of preparation time to familiarize themselves to the learning objectives and content of this program before presenting it. The material and content is designed to be interactive and encourage a learning environment for discussion and Q/A on the subject matter. The companion documents are structured so the presentation will build the framework of developing the knowledge and skills for effective individual company programs.

- 1. Power Point presentation:
  - a. This should be printed in the format included, 3 slides to a page with "note" lines for participants. Speaker's notes are inclusive for each slide and should be reviewed for content and intent to learning objectives.
- 2. Companion documents:
  - a. CSE Training Handbook: Chapter 296-809 WAC Complete code
  - b. CSE Training Resource: Provides examples of CSE programs and tools to create company specific programs oriented to the on-site wastewater industry.
    - i. Related rules in other chapters of code
    - ii. Example CSE Programs
    - iii. Sample CSE Permits
    - iv. Sewer system entry
    - v. Evaluating Rescue Teams or Services
    - vi. Atmospheric Testing of Permit-required confined spaces

Note: With minor modifications, this resource could be used in other similar industry needing confined space program development and training for CSE.

# Washington On-Site Sewage Association NWOTC

This is to certify that

Completed: LNI SHIP Grant – "Confined Space Entry Training for Decentralized Wastewater Workers"

First & Last Name

Sponsored by the Washington On-Site Sewage Association Month Day, Year

**This is a full day Course: 8.0 Contact hours awarded** City, State

John Thomas Executive Director



Washington On-Site	Washington On-Site
Sewage Association	Sewage Association
Confined Space Training	Confined Space Training
Has attended <b>8</b> hours of	Has attended <b>8</b> hours of
Confined Space Training	Confined Space Training
Date: Instructor:	Date: Instructor:
Washington On-Site	Washington On-Site
Sewage Association	Sewage Association
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Confined Space Training	Confined Space Training
Date: Instructor:	Date: Instructor:

The person stated on this card has attended the WOSSA Confined Space Training Course.

The training completed is intended to supplement, not replace, the confined space entry policies and procedures in Chapter 296-809, WAC. While we have made every effort to ensure the accuracy of the information in the manual, different permit spaces pose different work challenges. The procedures and permits in use at a given location take precedence over any information provided by this class.

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Introduction of topic to class;

Depending on class size, the presenter should have participants introduce themselves and the industry segment they work in.

The ideal class size for interactive participation and practical skills learning, should not exceed 20.



Presenter should recognize the SHIP program as the funding source to develop this program, and the Washington Onsite Sewage Association for the deliverables of the grant milestones that included:

- A regulatory review
- Field practice and observations
- PPE evaluations/procedures
- Hazard assessments and field sampling in various workplaces for verification of biologic exposures in contaminated CS using traditional mitigation (forced air supply – blowers)
- Delivery of a CSE training program with key elements to the OSS industry defined and practical application of field skills and equipment use in training.

(These will also be discussed in more detail in upcoming slides).

#### Washington On-Site Sewage Association "Voice of the Industry"

Develop and Deliver an <u>industry specific</u> Confined Space Entry training program for the On-Site industry and workers that enter confined spaces.



The primary deliverable of the grant has been to produce an industry specific CSE program that is unique to the OSS industry. The program will address the regulatory overlaps of excavations and trench safety into other work scenarios that industry service providers are or may be active in. Each class will have a different make up of participants from the main industry segments: Installer, Pumper/O&M and Inspector and the presenter should be prepared to go with the flow and discussions of the group and to encourage interactive discussion with work tasks, not specifically reviewed in the presentation but that can be related.



Class resource documents should be identified to ensure that everyone in the class has a copy of each. It is important to spend a couple of minutes describing the purpose of each and how they will be used in the class and as takeaways for companies to use as they develop or modify their company specific CSE written program.



This slide introduces the WAC 296-809 – Confined Spaces as an overview of the rule in Washington, breaking it down into manageable sections. The presentation continues to present and discuss each section and its applicability to the user setting up or expanding their CSE program.



Understanding the scope and application of the rule is fundamental to the development of an appropriate CSE program for employers. The discussion will include creating and management of the administrative requirements of the rule and the functional requirements of the rule applied. The field work tasks of the entrant, attendant and supervisor are outlined in the class discussion and demonstrated in the field practice.



The presenter will introduce the most common confined spaces identified in the OSS industry and work spaces/equipment. Over time Q&A with class participants may also offer additional work tasks that have not been included in the current program. The presenter should be able to communicate the application of general CSE regulatory requirements to provide guidance based on the elements discussed in the overall application of CSE principles and safety in these new situations.



A broader, task specific review of PPE by task, with a focus on "fit for use" will occur later in the presentation.

The presenter will also set expectations for participants on the field practice and rolls that they will demonstrate later in the course.



With direction or leadership from management or small business owners, their employee's will make decisions based on their own experience, expediency. Not always the ones that an owner might wish.



Transition slide to importance of understanding and application of the CSE requirements that define the need in real ways for small business owners in the OSS industry. These stories offer counterpoint to the perceptions that persist in the industry that do not recognize the hazards specific to our industry for CSE and excavations and the need for individual assessment and a written program for CSE exposures.



Relational slide that shares an actual fatality of an industry service provider in Washington.



Video testimonial that strengthens the perception of need by a Service Provider who tells a very powerful story.



Some statistics to share with the class



This is a transition slide in the presentation and shifts the discussion over to best practice in the field and a discussion of observations of a variety of work tasks.

The Presenter can facilitate feedback from the group on:

- What is it that we do?
- While there are commonalities, each job is different.
- What is best practice?



Industry examples include septic tanks, pump tanks, storage/transfer tanks, pump trucks are all confined spaces. Presenter should highlight that all confined spaces are "permit only" until determined to be alternative or non-permitted confined spaces. It is important to begin to discuss differentiation in similar work tasks: ie: tanks that are contaminated with sewage are automatically "permit only" for CSE due to the inability to "eliminate" the risks associated with pathogen exposures in contaminated tanks.

Tanks that are buried at excessive depths prior to engineered tank construction standards are at risk when ground water tables are high. It is a fluid work environment that constantly changes the need for individual assessment of each space.



Typical, one compartment tank

Note that the size of these tanks can vary from 450 gallon to several thousand gallons.

Discussion elements to review:

- Is the configuration of the tank such that gasses or other exposures can accumulate or concentrate in different sections of the tank.
- How many access points are there?
- Are they all exposed to maximize venting?
- Where would you put the venting?
- What are appropriate ventilation methods?
- How much ventilation is needed? (calculation of air volume turnover rate and capacity of ventilating equipment used).
- Ask, "What variations on this configuration have you seen?"
- What work tasks are you performing?
- Would it make a difference in your pre-entry assessment of the space?



Ask the group if they think this is a "confined space entry". Generally, this activity is a common task and most of the time the answer will be "no"....discussion to follow on the definition in the next slide...Presenter may offer commentary on potential of immersion (head first), due to loss of consciousness from methane gas, a known OSS contaminant that is lighter than air.

Discuss what the CSE requirements are and the options to do this differently...



Focus on the definition from a regulatory/legal standpoint, not common practice.

The presenter should note the language in the definition when permits are "not" required. In septic system components and tanks, the main tank lids present an opening that IS large enough for entry.

The presenter should introduce several other elements: the airborne contaminant rules as it regards to high pressure water use from a hose in the tanks during the cleaning operation and LO/TO rules in particular to working in tanks that usually have several inches of water in them with pumps and floats that pose an electrical hazard.



This slide will present a number of discussion opportunities for O&M Service providers, Pumpers and Inspectors. When a service provider is doing a normal inspection and reaches into a tank to pull the sock filter out through the main lid, it is a confined space entry. If they use a hook to reach in and pull the filter out with out breaking the plane with a body part then they are not making a CSE. If they are doing a baffle repair and reach inside the tank through the main lid, they are making a CSE, but many companies do this repair from the outside of the tank altogether.



Presenter should focus on the definition from a plain reading of the reference in the CSE rule. Also note the language in the definition when permits are "not" required...in these tanks, the opening IS large enough for entry. Each of these entries will be discussed in greater detail later in the presentation.





Discuss speaking points from slide: Key points for discussion is the language "potential". As an entrant or supervisor, you must look at each situation as a stand alone entry and associated work tasks. This is particularly true of larger OSS systems (commercial/schools/ communities) that may have multiple tanks that are connected and evaluation may include blanking crossover pipes or a different approach to air supply.



Discuss speaking points from slide: Key points for examples are contaminated tanks under repair. Tanks with cracks in side walls can very well have an engulfment potential in high winter water conditions or after they have been pumped out due to the structural integrity of the tank being compromised. This is especially true in older tanks before tank construction standards were adopted.



This slide will introduce the participants to the basic consideration of air quality monitoring but also a new exposure that has generally been unrecognized in CSE evaluation and mitigation. Understanding how this impacts the standard CSE protocols and mitigation is critical to management of the CSE tasks, in particular of grossly contaminated tanks (systems in use).

### Atmosphere



This and the next series of slides puts into context the definitions and "lingo" with workers in our industry to common use in the workplace.



The presenter can highlight the frequency of common work tasks that create aerosols. It is of particular concern to the selection of proper PPE in contaminated tanks and know pathogen exposures.



Most participants may be familiar with the 19.5% limits and alarm level function of their air quality monitor, but it is important to review and help them understand how the PEL structure is used to identify and mitigate cumulative exposures in some work activities like tank repair.



A specific work activity identified in the field study done by WOSSA was existing septic tank repair. The picture is from an actual field observation done with a service provider in Washington. In excavations, the requirement is to have spoils a minimum of two feet back from the edge of the excavation. The presenter should point out the obvious hazard of the weight of the concrete on the immediate edge and highlight the cobbled soil structure that is being weighted. You can see in the picture the entry hole in the tank that the worker will enter to prep the inside of the tank, he will then exit and dump the concrete in and re-enter.



Tank configurations come in many shapes and sizes. While most OSS tanks bottoms don't meet this standard, internal barriers and inserted components like pumps, piping and electrical cords are all common and impair egress or non-entry rescue.



Excavations, electricity, LO/TO, water (sewage)....Engulfment in the excavation is obvious but the presenter can point out the middle and bottom pictures for hazards of combination of water and electricity in the bottom and the fellow in the middle picture is actually standing chest deep in water....although he is wearing his safety glasses!


Presenter can discuss additional elements of a CSE. Not all tanks are the same and not all weather conditions are the same. A septic tank buried 8 feet down that you enter to repair in late July on a sunny day has different exposure when you do it in late November (worst rain month) when it is empty and ground water tables have risen to 3 feet of surface.

Another important discussion item is to be aware of the materials that you take into the confined space with you that may cause issues. A story emerged of an air quality monitor alarming after three shots fired from a .22 power actuated hammer in a standard 1,000 gallon septic tank that was 5'deep and had the main lid open for an extended period for ventilation.



One of the key differences in OSS work that has had a previously unrecognized impact to PPE selection, procedures and equipment used to manage the workspace is the consideration of biologic pathogens. It has been demonstrated that the grossly contaminated work space with residual raw human waste (after a tank has been pumped out or emptied), is not adequately addressed in the confined space entry rule. The reference to the requirement is obscure in the code, but are found here:

296-809-100 Scope.

WAC 296-800-11045

Protect employees from biological agents



This elevates CSE atmospheric controls in contaminated tanks with raw human waste:

Reference:

Chapter 296-841 WAC - AIRBORNE CONTAMINANTS Last Update: 3/18/14



Fluid samples were taken to represent common work or wastewater handling procedures/exposures including:

- Repairs
- Storage/transfer
- Standard maintenance and pumping
- Typical residential and commercial sewage



This list provides a level of detail of many specific pathogens and information previously identified in our industry. It also adds these following "new" players to the list that were not known.

- MRSA
- Molds and rare molds
- Fungus/Yeasts
- Specifics on E.Coli O157-H7l

In the field studies, samples tested positive for a bacterium family at the dump site directly related to Chlamydia that were captured on a plate test from aerosolized wastewater during the truck unloading sequence.



These examples of real life work related illness' support the application of the Blood Borne Pathogen rules to the industry when biologic exposures are included in the Job Safety Analysis, and selection of appropriate PPE. These unique exposures will be introduced later in the program in co-ordination to the practical skills activities associated with the training and actual implication to OSS confined space entry in contaminated work spaces.



Different CSE call for different procedures and hazard assessment, but the approach is basically the same



Different CSE call for different procedures and hazard assessment, but the approach is basically the same



An example of this for the OSS industry would most commonly be a "new" tank installation that has no piping connected to it from any other sources. It is important to highlight that all spaces are "permit only" until demonstrated to be something else through testing and review.



Discussion here should focus on actually testing and recording the results of the determination.

It is worth while to note that the rule may allow for alternative methods such as the use of a Pump Truck and its hose on "vacuum" but there are specific requirements, documentation and written procedures that the service provider must do to validate the effectiveness its use.



Discussion of the requirements of rule. It was common when WOSSA was observing in the field that we would see a tripod set up, harness used and air quality monitor attached to a pants pocket or waist belt and down into the hole, they would go! Paper work for one company was filled out post entry. The presenter should highlight that paperwork and actual environment assessment and testing is done and documented prior to entry.



Language on specific requirements of use for forced air ventilation.



Two elements for discussion are the actual testing and determination of the confined space atmosphere, document, document!

Pay attention to the work in progress (in any CSE), for changes. Reevaluation could also be triggered by observation of the entrant by the attendant...confusion, not immediately responsive, complaining of headache, vision, heat/cold etc. would be cause to immediately bring the entrant out and reevaluate the space.



This discussion can be on field practice, but also is more likely oriented to fixed facility spaces and tankage. The signage provides a discussion point that even if a space has been determined to be non-permit required, you should always check the air quality prior to entry.

## WAC 296-809-700



Discuss speaking points from slide: Key points for discussion are that the first two items in the list can initially be determined and evaluated from outside the tank. The last element in the list has the space treated as a conventional permitted CSE and needs the full permit procedure followed.

## WAC 296-809-700 Note: Controlling atmospheric hazards through forced air ventilation does not eliminate the hazards. You should evaluate the use of lockout-tagout, as covered in chapter 296-803 WAC, to determine if using it fully eliminates the hazard You are allowed to use alternate entry procedures covered in WAC 296-809-600 if you can demonstrate that forced air ventilation alone will control all hazards in the space.

Discuss speaking points from slide:

Ventilation alone does not eliminate the hazard it only mitigates as long as it is operating. Industry uses different approaches to ventilation and not all are approved. Calculation of atmosphere turnover prior and during entry that is matched to equipment is rarely observed and should be part of this discussion.

If you can demonstrate that forced air ventilation alone will control ALL the hazards in the space, then alternate entry procedures are allowed.

The performance standard on this is more than running an air quality monitor while forced air ventilation is supplied and documenting the results. It is also not "transferable" to any other confined space. The employer can't say "I've demonstrated that forced air controls all the hazards in a single 1,000 gallon tank", and claim that all 1,000 gallon tanks are alternate entry.



A continuation of the previous slides discussion and requirements.

Of note is the "signature of the person making the determination". When you sign this, you are "certifying" your determination. Have you been trained? Are you current? Is your equipment calibrated? By who? When? Are you identified as a "competent person" for you employer?



This is a transition slide in the presentation and shifts the discussion over to best practice in the field and a discussion of observations of a variety of work tasks.



Discuss speaking points from slide: Details Supervisor tasks and responsibilities



Discuss speaking points from slide: Details Supervisor tasks and responsibilities



Discuss speaking points from slide: Details Supervisor tasks and responsibilities



Discuss speaking points from slide: Details Supervisor tasks and responsibilities. Final comments to the scope of the Supervisor's role. Especially since the Attendant in our industry is commonly going to function in a duel roll as Supervisor.



Summary











It would be noteworthy to highlight element number two in the slide that speaks to the attendant responsibilities to not "carry out duties that might interfere with their primary duty to monitor and protect the entrants".

This is especially important when the scope of the job changes. Based on the size of the space, more than one entrant, exposure level, level of control needed: ie- LO/TO, multiple tanks, multiple pumps etc. It may not be appropriate to function as both an Attendant and a Supervisor. Employee's need to understand that if they find themselves in a situation (any) that they are uncomfortable with, they need to not only speak up, but stop work until they figure out what additional resources they need to accomplish the work.



Summary



While the attendants role is to have the entrants back, the primary person responsible for the entrants personal safety is the entrant himself.

That means that the entrant understands the hazards and has either personally evaluated and mitigated them or has reviewed the document record if it was accomplished by someone else.

Typically, for the majority of CSE in the OSS industry, this would normally be done by the entrant and his work partner (attendant).

Highlight the importance of personal responsibility and the ability to speak up if something changes or it is a situation that the entrant has never seen or done before...slow down, back up a step if you're not sure. In construction they say, "measure twice, cut once".



Can they recognize a prohibited (or hazard) condition?

There are three levels of exposure: 8 hour, 15 minute and immediate.

Discuss options and best practice for the attendant monitoring role. \

The attendant should be in line of site, in constant communication and in control of the non-entry rescue equipment.

If the CSE configuration doesn't allow that, then the entrant will have to work out with the attendant, how to communicate differently.



Discuss speaking points from slide: Details Entrant tasks and responsibilities and handling emergencies. Keep in mind that as an entrant, you are monitoring your immediate space for air quality and any other hazards and have to respond to the best of your ability in what could be a deteriorating situation. The attendant/supervisor has a bigger picture and there may be something happening outside of your personal space that he/she needs you to react to, and get out.



Summary



Transition slide and testimonial



The presenter should also raise awareness of CSE issues and overlap with these three common work areas/tasks.

It is important to get participants to think differently about these spaces that they are in.

It is typical that these spaces are evaluated in context to the 7 soil categories listed in the Onsite WAC 246-272-A for OSS design.

Excavations (soil logs and tanks) along with trench safety looks at soil classification, setback requirements and slope/entry egress issues under a completely different set of criteria and the soils classification scheme is very different.



Safety begins as process management. While we don't always fall under a specific set of rules and guidelines, it appears that for this issue there is much that can be gleaned from Blood Borne Pathogen rules and methods that will be overlaid onto the CSE rules and assessment.

Small businesses are obligated to ensure a safe workplace under the "General duty" clause of both WISHA and OSHA.

Having an APP (accident prevention plan), PPE evaluation and use and a commitment from management to protect workers health is a minimum.
# <text><section-header><list-item>

Discussion with the group to identify the current state of CSE program levels and where service providers in our industry are at as a indication of compliance system wide with the OSS

• Lack of knowledge that a CSE rule exists

• Lack of availability or access to the needed equipment to make a CSE appropriately and /or inability to use them (lack of training)



Discussion with the group to identify the current state of CSE program levels and why service providers in our industry resist or simply do not consider CSE issues when entering confined space.

Several reasons are listed below, but encourage and recognize others offered by participants.

- Inability to identify confined space by employee's (lack of training)
- Lack of recognition of the hazards ( "I've been doing this for 20 years and haven't died yet!")

• Overscheduling workload that leads to rushing or hurrying. ("I'll just be down there for a minute!")

• Peer pressure (fellow employee's or business owner)



Discuss the obvious exposures as a start, because it is individual decisions that will ensure compliance on a personal level. The discussion should start here based on what we see in the field. Ask the participants to identify some common exposure elements to the work activity and put it in context to the CSE rules. This concept can be addressed from both an owner's perspective that can have a huge impact on employee's and the employee's that make decisions in the field.

- Access/Egress suitability
- Point out the cable and use of harness for non-entry recovery
- Identify the forced air supply

### ASK – What else?

- Hot work considered (fumes)
- Electrical equipment used (grinder and electrical extension cord trailing the air tube)
- Does it matter that the entrant is standing in 6" of water/sewage?
- What additional PPE would/should be considered?



Safety is the individuals personal responsibility, co-workers and employers support a safety culture in the workplace, but it is the individual that makes the final decision to do something unsafe or not...invite the participants to share their personal experiences in CSE's, current programs and others along with any examples of how they work and when they don't.



An introduction to the WA WAC that applies to industry and the requirements of individual CSE programs and requirements will be outlined.

The order of the introduction of the administrative rule is to work through the individual sections of the WAC and then follow with a practical application of rule and introduction of a generic tool that can be used or modified for individual company needs.



Discuss speaking points from slide: Details Employers tasks and responsibilities



Discuss speaking points from slide: Details Employers tasks and responsibilities

While you can't post signage on every septic tank your on, spaces like truck tanks, transfer storage tanks (that have openings large enough for entry) can be labeled and demonstrate workplace evaluation and controls.



Industry manufacturer's are putting this kind of labeling on their products, but it is generally inconsistent. It is important (especially with new hire training) to orient your workers. They may see lids that have this and go to another worksite and look at a lid on an identical tank that doesn't have this notice and ASSUME that it must not be dangerous. Who knows how they come to these conclusions, but they do!



Labeling from the manufacturer is convenient and becoming more common place.



Same comment, different label on a pump truck.



Discuss speaking points from slide: Details Employers tasks and responsibilities

Although not common, raise awareness to employer's that subcontract work out. Follow these requirements to address your evaluation of "their" CSE written plan.

As an owner, that's the first question you should ask a subcontractor that your going to allow to do work.

Don't ask "do you have a confined space program?" Your question should be "please give me a copy of your *written* confined space entry program, for review before you start work on the project".

If they don't have a written plan, you should look for another contractor.



Presenter should highlight the importance of the requirement of a "written" plan with full documentation.

## WAC 296-809-300 Summary

# Page 6 Source Ward States and Participation of the safe entry of permit-required confined space program before employees enter, that describes the means, procedures and practices you use for the safe entry of permit-required confined spaces as required by this chapter. Including the following: Documentation of permit entry procedures How to reclassify permit –required to non-permit Confined Spaces Designation of employee roles: entrant, attendant, entry supervisors, rescuer, and those that test or monitor the atmosphere Identification of designated employee duties Training employees on their designated roles

Without a written plan, that covers these elements, you don't have a CSE program. The presenter can ask the group to define the barriers that small business owners have to putting the time or investment into meeting the administrative requirements.

Emphasis on how the administrative effort at the front end of the program can also save time and expense by establishing the scope of individual company needs. This may also eliminate elements of the rule that do not apply to an individual business model. It is important to state that the tools in this program will allow them to efficiently create their written plan, and translate that into a prioritized action plan for program implementation.



Presenter should speak to the key notes on the slide. Remind folks that this is language taken directly from code. It is not an "interpretation" or the presenters "opinion" on the application and scope of the code to the OSS industry.



The presenter should ask the group they are instructing if anyone does work under any of the elements described.

Generally, it will be uncommon, but situations change and it is important to have participants understand the requirements when working on a larger site with multiple companies and under a general contractor.



Presenter should refer participants to the codes referenced in the slide and get them to find and review them in their handout resources. This will introduce the detail of the requirements but also orient them to the resource when "post-class" they need to know where to look something up for review or clarification.

Further discussion and Q&A opportunity to engage participants follows in the next several slides



The presenter can reference this program as meeting the needs for this requirement and also remind the participants of the availability to engage the use of the class for new hires in a regular training program.

It may be worthwhile to encourage participation to ask how these requirements are currently being met. Many of the CSE training that is generally available meets the first element on the slide, but being able to practice and demonstrate proficiency through simulation is often the most frequent and absent part of training. If the employer is unable to accomplish this in the workplace post class, it is best done with the practical assessment done in live but safe situations.



The presenter will speak to each element. It basically outlines different moments of opportunity that the employer can take advantage of but recognizes that the workplace (and especially that in the OSS industry) is a pretty fluid environment. Each jobsite is different and each CSE is a new situation to evaluate.



Participation in this class will certify CSE knowledge to the rule and experience in evaluating and understanding the three principle roles in a CSE. The employer has responsibility to certify proficiency to assigned duties that are not only task specific, but also match services offered. It's why they have their written plan that is company specific.



Introduction slide of the next section/topic of the CSE rule and it's application

## WAC 296-809-500



Continuation of previous slide

# **Example Procedure For Permit**

When a confined space work activity is identified, it is a requirement to use and complete a CSE permit to evaluate the space.

You must test the atmosphere before entering .

You must monitor the atmosphere the entire time the entrant is in the space.

You will note this in the area of the permit where it says Atmospheric Monitoring.

If the entrant leaves the space and then enters at a later time you will need to test the atmosphere before the entrant enters the confined space and do constant monitoring awhile entrant is in the confined space.

All areas of the permit will be completed and supervisor signs off on the time permit canceled.

Presenter should focus on the sequencing of these tasks. Use your permit and evaluation procedures on the job prior to entry, do air quality monitoring while completing the permit and do it again just prior to entering the confined space.

When the job is done, complete the permit and close out the entry. Make any comments on the permit to anything that was different, a challenge, unanticipated during the entry. Permits can (and should) be reviewed at a later date as a QA issue to the program and to highlight any previous unknown exposures or new tasks that the existing program didn't or can't address. Corrections or expansion of the CSE program will occur if needed.

# Example Procedure For Permit

The permit will be used if self entry, non-entry or entry rescue is performed. All information will be completed. The permit will be signed of at the completion of the job when the CSE has ended.

If you have not identified and evaluated a third party rescue service, you must use non-entry rescue equipment on permitted CSE's. Indicate where the Permit forms are located and available.

Key point to this discussion slide is the issue around non-entry rescue equipment and the challenges of working alone...

Presenter should ask the group "how do you address these issues now?" and then offer references to the rule or study resource.



Transition video and testimonial



Introduction slide to PPE equipment. Presenter should note that this is typical but for specialty jobs, you may need more or different PPE.



Presenter should point out several options here:

1.) Gas operated, note the intake hose is far from the exhaust. Pay attention to wind direction when setting these up, and placement of nozzle end: Ask the participants if it should go into the top, center or bottom air space and why.

2.) Reduction nozzle on air supply hose provides for better access and egress

3.) Note the anchoring system tab under the steel lid.



Different configuration...Electric



Presenter should discuss the variety of options in this and next slides. Ask participants what they use.

What do they like and not like about them?

What if it's a horizontal entry that you are connecting into...what changes in your entry protocol?



Presenter should explain anchoring this system, how it works to extract and ask the group to explain what can go wrong or right in an extraction. Not looking for right and wrong answers as much as getting them to think through and imagine the scenario and what they would or would not do. Advantages? Disadvantages?

A real life application would be a "swim job" under a house in a crawl space. Have them talk through the process of a set-up and extraction under those circumstances.



Most common vertical entry tri pod. Presenter should highlight the 5 critical elements and stability issues of setting these up. It is important to ensure they are on a stable platform/lid top or the ground. You don't need this to fail and tip over with 4 more cranks to go to get you co-worker (now a victim) out of the confined space.



Right ways and wrong ways to do initial checks of air quality.

Presenter should show slide and ask if this is "ok" and lead the discussion to let participants describe why this is wrong and what some of the consequences may be (headlong into the tank from inhaling gasses that are venting.

Note the liquid level in the space with the reflection of the worker.



Right way to conduct an air quality test in a confined space, using a probe.



Slide begins discussion of appropriate PPE of filters and masks. It's about choices and making good decisions. If all a worker needed in his or her toolbox was a crescent wrench they could cover all nuts including metric. But, real live doesn't happen that way and neither does selection for PPE.

Presenter should survey the room for participants with facial hair. Although not covered in detail in this program, it is noteworthy to point out that if an employer has an exposure mitigation program that includes a facemask requirement, the it will also require a face fit procedure to be followed. Facial hair generally doesn't pass muster in these issues. It ultimately goes to the "fit for use" issue and selection of PPE.



Presenter will review various PPE for barrier protection: head, eyes, hearing, torso, hands and arms, legs and feet. Also issues for external environment can be integrated into the discussion: heat, cold, rain, wind, poor lighting.



You have to be able to breath. To get the work done and to be able to get out. The presenter should review the key points and engage the participants in some Q&A or shared experiences that are work related or not.



H2S Gas can be produced by sewage. Point out exposures in context to physical characteristics of the gas.

- How does it affect your location of ventilation
- When you put your vacuum hose in the inlet, but only 18 inches down or your mechanical air supply, what do you suppose happens to the air movement and turnover rates in the bottom of the tank?
- What if you're on your hands and knees spreading concrete around the bottom for a tank repair?
- What is different if you are doing all of this in a pump tank? (electrical/energy) if not LO/TO
- Will your N-95 mask protect you?


It why we ventilate, and check prior to going in.

It is important to point out that methane gas *may* get trapped in sludge in the bottom of the tank if not pumped out and with disastrous results.



One of our shared stories was a service provider that was inside a tank replacing a sheet baffle that had fallen off with a pneumatic hammer. There were four connection points. When he had pulled the trigger on three of them (.22 rounds), his air quality monitor went off.

Presenter can also reference other equipment noted in slide that is common in the OSS industry.

## Hazard Control



This slide sets up the discussion on ventilation methods under the rule and what is common in practice for our industry.

Code calls for mechanical ventilation, and the exhaust ventilation is under discussion as an acceptable practice, but hose placement and volumetric turnover rate is critical.

a sugar the sociality	Air Turnover/Ventilatio
CFM (pump size)	Gallons (tank size)
20-40	80-200
50-90	150-500
100-120	400-800
130-150	700-1,200
160-200	1,000-1,800
210-240	1,700-2,500
250-280	2,400-3,000
290-340	3,100-3,600
	2 500 4 200

Discussion:

Different size tanks need different volumes of air to adequately ventilate them.

Do you push air in? or should you pull air out?

Answer: it depends on the situation.

First question: Is the space clean (new) or contaminated with sewage?

- If air is "clean", best practice is to calculate the air turnover rate (see chart) and always blow into the space and monitor
- If "contaminated", and you blow air into the space (see chart), you will need to wear additional PPE (N-95 fitted face mask's, goggle's for contaminated aerosols created by the blower) and monitor wearing a personal air quality monitor.
- If "contaminated", and you are sucking air (see chart) via a pump truck or blower, ensure that the hose or blower hose, is well inside the tank and unblocked. It is still recommended to wear a minimum of an N-95 face fitted mask along with goggles or eyewear with side shield protection.



Electrical connections at installation of OSS pump tanks and components like this are all too common. LO/TO procedures, especially in CSE situations are critical.



LO/TO procedures are well documented



## Hazard Control



LO/TO procedures are well documented



This is a transition slide in the presentation and shifts the discussion over to best practice in the field and a discussion of observations of a variety of work tasks.



This is the beginning of a project in the field. The existing tank was decommissioned and a new tank (and drainfield) was being installed.

This field case study focuses on exposures in a tank excavation and multiple employers on the site.



Tank excavation and preparations for new tank installation



A non employee (agency inspector), on the site, jumped into the hole to inspect a pipe in the ground that was exposed just above her head and to the right (follow the shadow line to the dark spot).

- Ask the group how many rules were violated here under the code?
- What were they?



Typical industry practice of an employee being in the hole over 5 feet deep, leveling out gravel prior to tank placement (violation of excavation rule).



New tank installed, employee making an uncontrolled CSE to place a baffle and connect the house sewer pipe to the tank.



This is a transition slide in the presentation and shifts the discussion over to best practice in the field and a discussion of observations of a variety of work tasks.



Exposure:

Material not a minimum of 2' back from excavation edge in an uncontrolled CSE. Engulfment and struck-by potential of the employee (unseen) that is inside the tank.



Presenter engage the class on the right and wrong activities/violations in this work task in perspective of being an "entrant"

- Non rated ladder
- limited egress
- danger from falling items above with no hard hat.
- Unseen in the picture the employee is wearing an air quality monitor, but on his hip and not near his face (best practice).
- CSE form not used prior to entry
- Air quality not tested prior to entry



- Tank repair (contaminated), so permit entry required
- Entrant just lost his method of egress/self rescue
- No non-entry rescue available or used



Exposures to both heavy sacks of concrete and soil collapse on entrant



What are the unique exposures here?

Entrants and attendant/supervisor allowed entry without knowing what the white pipe was in the picture. It is not a part of the OSS system. Is it electrical?, is it water under pressure?

The point is that it is not known and workers didn't make any attempt to determine if it presented a hazard or not, principally because they did not have available or use the CSE form from their employer.



These are the feet of the attendant, standing on a narrow ledge above the hole and the entrant.

- He could fall in
- He could fall in and injure his entrant who is below him
- He is generally unable to provide much aid standing in the hole below the ground surface



Does the condition of the equipment affect its functionality if the "sniffer" is covered in dirt, mud and fecal material?

Inspection of the device (not shown in the picture) showed that it was beyond its calibration date.



Maybe none at this point, but a review of the MSDS sheet on the concrete was pretty significant to the dust exposure.

This employee is going back down into the hole with unknown dust levels of an inhalation exposure significant.



Reference previous slide

## Confined Space Entry – Case Studies



**Chronic Effects:** Dry Portland cement can cause inflammation of the lining of the nose and the cornea. Repeated exposure to Portland cement may result in drying of the skin and may lead to thickening, cracking, or fissuring of the skin. Hypersensitive individuals may develop an allergic dermatitis (possibly due to trace amounts of hexavalent chromium at less than 0.005%). This reaction may appear in several forms including a mild rash to severe skin ulcers. Persons already sensitized may react to their first contact with the product. Other persons may experience this effect after years of exposure to Portland cement products.

Reference previous slide

## Confined Space Entry – Case Studies

Signs and Symptoms of Exposure: Burning sensation around moist tissue areas (i.e., eyes, nose, upper respiratory system); painful burning on exposed skin that can develop with little warning. Exposure of sufficient duration to wet Portland cement can cause serious, potentially irreversible tissue (skin or eye) destruction in the form of chemical (caustic) burns, including third degree burns. The same kind of destruction can occur if wet or moist areas of the body are exposed for sufficient duration to dry Portland cement. DO NOT ALLOW WET PORTLAND CEMENT TO GET INSIDE BOOTS, SHOES, OR GLOVES AND DO NOT ALLOW WET, SATURATED CLOTHING TO REMAIN AGAINST THE SKIN.

See next slide



Normal procedure is for the employee doing the tank repair is to shovel the concrete around the floor until it is more or less the same depth and then to add water via a hose (20-40psi) and then be on his hands and knee's spreading it around until uniform.



Presenter to highlight list on right.



This is a transition slide in the presentation and shifts the discussion over to best practice in the field and a discussion of observations of a variety of work tasks.



Key Points:

This is an excavation (done by the homeowner) in anticipation of a property sale and required tank repair in placer. On the high side, there was approximately 6 feet of dirt on the tank and unknown engineering standards for tank construction.

Frost on the ground, temperature changes from 28 degree's in the AM to 48 degree's later in the day.

The service provider had workers out the previous day who prepped the site and pumped the tank out.

Presenter should engage the participants to identify any issues that they see.

Note sluffing of material onto top of tank. The previous day, employee's shoveled and swept of the top of the tank until it was clean.



Key points:

Day two, different workers from the same company are here to repair the tank inside and it will require a CSE.

Although the excavation is on a slope and appears to be deeper than the 5' limit, there is egress out of the excavation to the right.



Key Points:

The top of the tank is being inspected on day two by the company employee's after having been shoveled off and cleaned up.



Key Point:

The workers were uncomfortable with the set up for making a CSE.



Key Point:

As the morning continued to warm up, more material sloughed off onto the tank, and the employee made the call that they were not going in until the excavation had been stabilized.



Key Point:

Third day: The homeowner who had access to an excavator opened up the excavation to reduce the potential of exposure and they company workers prepared to continue the project.



The company provides the necessary equipment for employee's to do tank repairs as it is a specialty of the service provider.


Set up for the job, and having the equipment available does not take an extraordinary amount of time and is a billable.



Almost set up to make the CSE, but the employee's are about to make some changes to the procedure.



The entry looks like it will proceed as planned.

The Entrant instructed the Attendant to set up the air supply on reverse (pulling air from the tank), because he didn't want "cold" air blowing on his neck while he was inside doing the work (it was about 35 degrees).

The air supply was simply laid on top of the inspection port. You can see the gap in the hose orientation. This has the potential to limit its effectiveness and intended use.

First, heavier gasses that may be in the bottom of a tank will not likely be ventilated properly and second, the effectiveness of the blower operating in reverse with the poor match up of the hose being a round tool in a square (and smaller) hole will mean that it is pulling *some* percentage of atmospheric air while it runs. The net effectiveness of the turnover rate of the tankage volume will be diminished and the actual exposure may not be satisfactorily mitigated.

Presenter may make the point that even with a CSE program in place, employee's will often make independent decisions that will compromise the protocol with or without consequences.



Getting ready to go to work, attendant in place

No CSE permit was used prior to entry.

No Air quality monitor was used prior to entry.



Broader view of the worksite



Where's the attendant??

Presenter can ask the class about the role of the attendant:

Was he:

- Immediately available
- Actively monitoring the entrant
- Line of site or active communication
- Actively monitoring the external workspace for changes



Work is going on, but this is essentially a similar condition to the video. Deeply buried tank, side wall failure, winter conditions, unknown high winter water table level.

With no permit used, these questions remain unanswered.



Summary of case study and deficiencies noted in slide.



This is a transition slide in the presentation and shifts the discussion over to best practice in the field and a discussion of observations of a variety of work tasks.



## Key Points

Alternative work, this is an electrical pump inspection to verify pump function in a pump tank under the grate in the floor.

The pump controls are exposed and the door is open. Parts of the building are under construction and you can see a number of extension cords running out the door and down hallways.



Another view of the same project.



Key Points

Presenter should engage the participants participation:

- "Is this a confined space?"
- "Why?" (entrance large enough for full body entry)

Note: Point out the scuff marks on the pipe in the left of the entrance and footprint on the tank in the middle. It is where the employee is standing in one of the forward slides.



Key Points Presenter to engage participants:

- What are the potential hazards here?
- What process would you expect to be used? (LO/TO)
- Multiple employers/workers on site.

(note the open plug box)



(from previous slide)

- Unstable work platform
- Working on live electrical with open water below
- Also point out the depth of the tank (if slipped) and that the worker ends up in standing water with live electrical components from previous slide.



Final review of inconsistencies





Consideration to venting as well as potential for cross over from second compartment to first compartment if not plugged at the crossover or some other means. EACH tank is going to be different





In preparation for the practical skills assessment, the presenter should reinforce the variety of configurations that entrants will be exposed to.