

**Washington Food Industry Association Grocery Industry
Workplace Safety Webinar Series and Downloadable Web Library**

Assigned SHIP grant #2008XB00102
Funding Period: February 2009 – June 2010

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The Washington Food Industry Association is solely responsible for the content of and views expressed in this report and related materials unless they have been formally endorsed by the Washington State Department of Labor and Industries.

PART I

Final Report Narrative

Organization Profile	Washington Food Industry (WFI) is a non-profit business association for the independent retail and wholesale grocery industry.
Abstract	<p>The Grocery Industry Workplace Safety Webinar Series and Downloadable Web Library project provided five monthly webinars (June – October 2009) on safety topics relevant to the prevention of the most common injuries experienced in the grocery industry. Business could have their management team participate in the monthly webinar, ask the presenter questions (train the trainer concept), and then download the webinar to utilize for presentation at the business' monthly safety committee meeting. We found that in providing this convenient method of safety training that our average participations was much higher than in-person training experiences that are also provided and we were also able to provide a more skilled and diversified pool of trainers. As a result, we were able to reach more grocery industry businesses than under traditional training formats and we are continuing these safety-training experiences beyond the grant timeline.</p>
Purpose of Project	<p>The grocery industry continues to have high occurrences of several specific injuries (cuts, slips and falls and ergonomic/carpal tunnel) that result from environmental hazards commonly found in grocery industry workplaces and industry-specific training that is convenient and pertinent is needed to address preventive measures of these and other injuries common across the industry.</p>
Statement of the Results	<p>It is too early to determine if the businesses who regularly participated in the webinar series experiences a reduction in injuries in the long term. However, we experienced an increase of 40 percent in average participation in the webinars and an interest/useful rating increase</p>

from the mid 60 percentile to the low 90 percentile. GoToWebinar, the program used to deliver the webinars, has a tool to track attendance and interest level of participants during the webinar by tracking if they are keeping the webinar on their screen or some other activities. In addition, they have a questionnaire tool that asks the participants to rate the webinar materials immediately following the webinar. The overall rating of the value of content for the five webinars was a 4.58 out of a score of 5. When asked if the participant would likely use the presentation in their company in the future the score was 4.75 out of a possible 5.

The five webinars rated in usefulness from the most useful to the least as follows:

Disaster Planning (Sept)
Slips, Trips and Falls (Oct)
Initial Response to Musculoskeletal Injury (June)
Minimizing Shoulder, Arm and Lower Back Injuries (Aug)
PPE for the Grocery Industry (July)

The webinars most highly attended from most participants to least were as follows:

Minimizing Shoulder, Arm and Lower Back Injuries (Aug)
Slips, Trips and Falls (Oct)
Disaster Planning (Sept)
Initial Response to Musculoskeletal Injury (June)
PPE for the Grocery Industry (July)

We learned what format and presentation was the most useful to participants such as including photos from actual worksites to demonstrate how to improve the work environment, body motions, task assignments, etc. The question and answer period was important to give the trainers the confidence to integrate the training within their own worksite. As a result of the success of the webinars presented under the grant we are continuing this monthly safety training.

Evidence of the results	See statement above of increase in participation and satisfaction ratings.
Project's promotion of prevention	<p>The webinar topics were targeted to the most common injuries found in the grocery industry environment and on a topic survey done of members on safety areas in which they had the most interest/questions. Most participants improved the frequency and quality of their monthly safety committee meetings. It is too early to determine if the regular participants have a long-range reduction in injuries.</p> <p>June 11, 2009 <i>Initial Response to Musculoskeletal Injury</i> Presented by Stephen Sorsby</p> <p>July 9, 2009 <i>PPE for the Grocery Industry</i> Presentation by James Harrald of National Safety Inc.</p> <p>August 13, 2009 <i>Minimizing Shoulder, Arm, and Lower Back Injuries</i> Presentation by Kendra McGranahan with Apple Physical Therapy</p> <p>September 10, 2009 <i>Disaster Preparedness</i> Presentation by Eric Tofte of Evergreen Safety Council</p> <p>October 8, 2009 <i>Slips, Trips, and Falls</i> Presentation by Steven Conkle, President of RISK Management C.E., Inc.</p>
Relevant processes	The important steps that we implemented to

	<p>assure that we had a continuing process of improving the presentations and the relevancy of the presentations was to survey the participants immediately following each presentation for feedback on rating of the presentation. This is how we learned that by including photos that showed examples of the “right and wrong way” provided a higher level of learning and interest.</p>

Lessons Learned	This question is answered in response above.

Measures to judge success	See statement of results and <i>Addendum 5-25-10 WFIA Claim Group Frequency Report</i> , at the end of this Part.

Uses	<p>The webinars and supporting materials continue to be posted on our webinar library (available to the public) as these topics continue to be relevant and good training tools for workplace safety.</p> <p>We are continuing the webinars beyond the grant period because of the interest and growing participation. The ongoing webinars are added to the web safety library created under this grant.</p> <p>Although the webinars were modeled to apply to some of the unique work environments of the grocery industry (part of our success), many of the safety information can apply to most industries.</p>

Product Dissemination	The webinars continue to be posted in our workplace safety web library and available to the public.

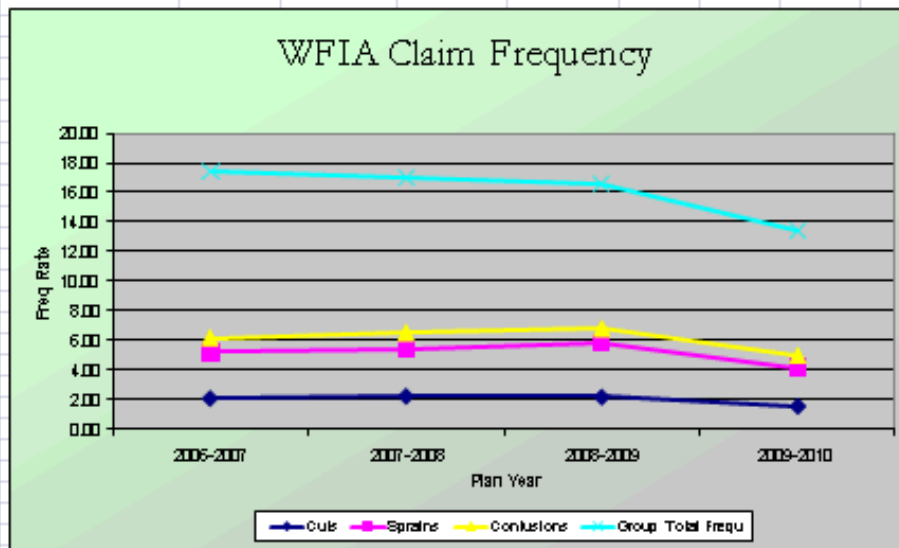
Feedback

See statement of results for consumer feedback.

Addendum 5-25-10 WFIA Claim Group Frequency Report

WFIA Injury Frequency

Claim Type	Claim Frequency By Claim Type			
	PY	PY	PY	PY
	2006-2007	2007-2008	2008-2009	2009-2010
Cuts	2.16	2.31	2.25	1.63
Sprains	3.06	3.15	3.63	2.57
Contusions	0.93	1.07	0.92	0.82
Group Total Frequ	11.24	10.43	9.78	8.42



****All data came from July Monthly Reports except 03-10 data. 03-10 data came from January and 6 mos of hours****

2006-2007 July		2007-2008 July		2008-2009 July		2009-2010 January Monthly	
Cuts	267	Cuts	301	Cuts	266	Cuts	84
Sprains	379	Sprains	411	Sprains	430	Sprains	132
Contu	122	Contu	140	Contu	109	Contu	42
Total	1391	Total	1362	Total	1158	Total	433
HHRS	24,748,755	HHRS	26,114,663	HHRS	#####	HHRS	#####

PART II

SAFETY AND HEALTH INVESTMENT PROJECTS ***SHIP Final Expenditure Report*** ***Budget Summary***

Project Title:	Washington Food Industry Association Grocery Industry Workplace Safety Webinar Series and Downloadable Web Library		
Project # :		Report Date:	5-5-10
Contact Person:	Jan Gee	Contact #:	253-209-5079
Start Date:	February 2009	Project Completion	May 2010
		Date:	

1.	Total budget for the project		\$12,075.00
2.	Total SHIP Grant Award (\$10,225.00 – \$250.00 adjustment)		\$9,975.00
3.	Total of SHIP Funds Used		\$ 8,691.25
4.	Budget Modifications (if additional funds added after original award))		not applicable
5.	Total In-kind contributions		\$ 1,850.00
6.	Total Expenditures (Lines 3 + 4 + 5)		\$10, 541,25

Instructions:

- Complete the Supplemental Schedule (Budget) form first (on the next page).
- The final report must include all expenditures from date of completion of interim report through termination date of grant
- Indicate period covered by report by specifying the inclusive dates
- Report and itemize all expenditures during specified reporting period per the attached supplemental schedules
- Forms must be signed by authorized persons (see last page)
- Forward one copy of the report to (Name), **SHIP Project Manager, PO Box 44612, Olympia, WA 98504-4612.**

SAFETY AND HEALTH INVESTMENT PROJECTS
SHIP Final Expenditure Report
Supplemental Schedules (Budget)

Project Title:	Washington Food Industry Association Grocery Industry Workplace Safety Webinar Series and Downloadable Web Library		
Project # :		Report Date:	5-5-10
Contact Person:	Jan Gee	Contact #:	253.209.5079
Total Award \$:	\$10,225.00		

ITEMIZED BUDGET -- How were SHIP award funds used to achieve the purpose or your project?

	Budgeted for Project	Amount Paid Out	Difference
A. PERSONNEL			

Explanation for Difference and other relevant information:

	Budgeted for Project	Amount Paid Out	Difference
B. SUBCONTRACTOR	\$10,225.00	\$8,691.25	\$1533.75

Explanation for Difference and other relevant information:

	Budgeted for Project	Amount Paid Out	Difference
C. TRAVEL	N/A	N/A	N/A

Explanation for Difference and other relevant information:

	Budgeted for Project	Amount Paid Out	Difference
D. SUPPLIES	N/A	N/A	N/A

Explanation for Difference and other relevant information:

	Budgeted for Project	Amount Paid Out	Difference
E. PUBLICATIONS	N/A	N/A	N/A

Explanation for Difference and other relevant information:

	Budgeted for Project	Amount Paid Out	Difference
TOTAL DIRECT COSTS	\$10,225.00	\$8,691.25	\$1533.75

	Budgeted for Project	Amount Paid Out	Difference
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INDIRECT COSTS	N/A	N/A	N/A
	Budgeted for Project	Amount Paid Out	Difference
TOTAL SHIP BUDGET	\$10,225.00	\$8,691.25	\$1533.75
	Budgeted for Project	Amount Paid Out	Difference
F. IN-KIND	\$1850.00	\$1850.00	-0-
Explanation for Difference:			

PART III

Attachments:

Provide resources such as written material, training packages, or video/audio tapes, curriculum information, etc produced under the grant.

Also include copies of publications, papers given at conferences, etc.

This information should also be provided on a **CD or DVD** for inclusion in the file.

REMINDER!!: All products produced, whether by the grantee or a subcontractor to the grantee, as a result of a SHIP grant are in the public domain and can not be copyrighted, patented, claimed as trade secrets, or otherwise restricted in any way.